



We work tirelessly to build schools and support education in Africa. Simple.

LONDON ENTRY FORM

SUNDAY 1ST APRIL 2012 - CLAPHAM COMMON

Please return your completed entry form to:
 HEROES RUN Race Entry
 Sports Systems, Regency House,
 61 Walton Street, Walton on the Hill,
 Tadworth KT20 7RZ

| | | | |
|---|----------------------|-------------------------|--------------------------|
| First Name | <input type="text"/> | Last Name | <input type="text"/> |
| Address | <input type="text"/> | | |
| Town/ City | <input type="text"/> | Post Code | <input type="text"/> |
| Telephone Number | <input type="text"/> | Email Address | <input type="text"/> |
| Date of Birth | <input type="text"/> | Age on race day | <input type="checkbox"/> |
| | | Are you: Male | <input type="checkbox"/> |
| | | Female | <input type="checkbox"/> |
| Emergency Contact name (not running the race) | <input type="text"/> | Emergency contact phone | <input type="text"/> |

How did you hear about the London HEROES RUN?

| | | | |
|---------------------------|--------------------------|------------------------|--------------------------|
| Ran it before | <input type="checkbox"/> | Internet search engine | <input type="checkbox"/> |
| Through a friend/relative | <input type="checkbox"/> | Charity mailing | <input type="checkbox"/> |
| Social networking | <input type="checkbox"/> | Magazine advert | <input type="checkbox"/> |

Are you planning to run a Half marathon in 2012? Yes No

Are you planning to run a Full marathon in 2012? Yes No

(if Yes) Would you consider running for us? Yes No

Would you be interested in one of our Brighton Half / Full marathon charity places 2012 / 2013? Yes No

AGE RESTRICTIONS: You must be 13 years old or over to run the SUPER 5KM and 16 years or over to run the HEROIC 10KM. There are no age restrictions for the KIDS 500M DASH, although all entries under 8 years old must be accompanied by an adult.

| Entry Fees (strictly non-refundable) | Registration | | £ | p | |
|---|--------------------------|--|--|---|--|
| SUPER 5KM | £12 | | Entry Fee | £ | |
| SUPER 5KM (+ HEROES RUN costume) | £21 | | Donation to Pass It On Africa (optional) | £ | |
| HEROIC 10KM | £14 | | Total enclosed | £ | |
| HEROIC 10KM (+ HEROES RUN costume) | £23 | | | | |
| KIDS 500M DASH | £3 | | | | |
| KIDS 500M DASH (+ HEROES RUN costume) | £12 | | | | |
| If you would like to receive a Pass It On Africa fundraising pack tick here | <input type="checkbox"/> | | | | |

Please tick to confirm you are a UK taxpayer and to enable us to reclaim tax on all donations you have made since 6 April 2000 and all donations hereafter

Please make cheques payable to: Pass It On Africa

Please tick this box if you would not like further information about Pass It On Africa and other Pass It On Africa events.

If you are happy for your name to be passed to our official sponsors who may wish to contact you regarding special offers or promotions, please tick the box.

Medical Information:

It is the responsibility of the runner to be fit to compete on the day of the race. If you have any medical issues which you think may put you at risk when running up to 10KM, please see your GP prior to commencing a training programme. Runners who should seek medical advice from their doctor include those with existing medical problems or symptoms/signs as follows: 1. Heart Disease 2. Asthma 3. Diabetes 4. Epilepsy

It is your responsibility to declare any serious medical conditions to the medical director and to record your medical details and treatment on the reverse of your bib number and to bring any necessary treatment or testing kits on the day.

Do you have any conditions the medical team should be aware of?

I accept all of the conditions of entry and acknowledge that the organisers shall not be liable for death, personal injury or loss or damage as a consequence of my participation in The HEROES RUN 2012 except with regard to injury which is caused by the organiser's negligence. Please note the Data Protection Information & Conditions of Entry overleaf. If you are under 18 years of age then this must be signed on your behalf by your legal parent / guardian.

Print name _____

Signature _____ Date _____

HEROES RUN 2012

TERMS AND CONDITIONS

Rules of the Race

The HEROES RUN 2012 is organised and administered by Pass It On Africa (Charity number 112250) whose registered office is at 3d Roundhill Crescent, Brighton, East Sussex, BN2 3FQ ("we" or "us" which expression includes our employees, event officials, authorised agents, sub-contractors or volunteers)

Travelling to the event

By signing up to take part in this event you accept complete responsibility for any injury or accident which may occur while you are travelling to or from the event, during the event, or while on the premises of the event save to the extent any injury or accident which is caused by our negligence.

Personal health and fitness

You understand that participating in this event is potentially hazardous, and you should not enter and participate unless you are medically able and properly trained. We recommend that you consult your doctor prior to undertaking training for a HEROES RUN. It is your responsibility to make sure you are medically fit and capable of running HEROES RUN. We reserve the right, in our absolute discretion, to stop any runner from taking part if we deem him or her unfit to run, including mid-race removal from the course where necessary.

Medical treatment while attending the HEROES RUN

By entering this event, you are confirming that should you require any medical treatments during your attendance at the event, whether before, during or after the actual run, they may be administered by the events' official medically qualified personnel.

Entry

You must not under any circumstances give your race number to anyone else. Amongst other potential problems, doing so may cause problems of identification for the event medical services in the case of any accident or injury. Any attempt to do so will result in immediate disqualification of the individual(s) concerned and ejection from the event.

Standard Wheel Chairs, bikes, stilts, roller skates, skate boards, buggies, etc

Participants are not permitted to use any of the above or similar in the event and those attempting to do so will be prohibited from starting and may be forcibly removed from the course mid-race where necessary. Likewise, anyone attempting to start or join the race in any outfit that we, in our absolute discretion, deem unsuitable and/or dangerous to other competitors or spectators, will not be allowed to start the event or, if on the course, may be forcibly removed from the event.

Cancellation of the event

We reserve the right, in our absolute discretion, to cancel, delay or postpone the event due to unforeseen or unavoidable circumstances out of our reasonable control. In such cases we will endeavour to inform participants as quickly as is possible. Where the event has to be cancelled, delayed or postponed due to circumstances outside of our reasonable control (including for the avoidance of doubt due to adverse weather conditions or as a result of instructions from the emergency services) we shall not be liable for any inconvenience, expenses, costs, losses or damages suffered by participants. Where the event has to be cancelled, delayed or postponed due to circumstances that were within our reasonable control, our entire liability in respect of any inconvenience, expenses, costs, losses or damages suffered by you as a result will be limited to the entry price you have paid to take part in the event.

Finisher pack

Only those who finish the HEROES RUN will be entitled to a Finisher's Medal. Please do not ask for more than one as marshals have been instructed to only issue one per person and of course your receiving more than one, may deny another Finisher from receiving this item.

Use of Image

By taking part in the event you grant full and irrevocable permission to us, as organisers of the HEROES RUN, and any third parties authorised by us to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event that may include your image.

Collection and use of information

Your personal information will only be used by us and any appointed third parties for purposes in connection with the event and any subsequent events that we may organise or administer. By entering the event you grant full and irrevocable permission for us to pass any medical details you have given us to the medical teams operating on the day of the event.

Race Numbers

Please complete the relevant medical details on the back of the race number if you have any medical condition or are taking any medication(s).

Race Ejection

We reserve the right, in our absolute discretion, to refuse to allow you to participate in the event either at the start or to continue participation at any point along the route of the event, should you be deemed to behave inappropriately or give cause for concern that your continued participation may cause offence or injury to yourself, any spectators or other competitors. This includes the wearing of any clothing or visual messages that may cause offence. Failure to comply with any instruction from race officials and marshals will result in ejection from the race and may also result in you being reported to the police.

Change of postal address, email address or telephone number(s)

If your postal address, email address or telephone number details change, then you must inform us as soon as possible by emailing: mark@sportssystem.co.uk. If this is not done, we cannot guarantee that you will receive all race communications.

Disclaimer

Participation in the event is entirely at your own risk and by entering the event participants acknowledge that we shall not be liable for death, injury, loss or damage arising from participation in the event save to the extent that it is caused by our negligence. I understand that participating in this event is potentially hazardous, and that I should not enter and participate unless I am medically able and properly trained. In consideration of the acceptance of this entry, I assume full and complete responsibility for any injury or accident which may occur while I am traveling to or from the event, during the event, or while I am on the premises of the event.

I also am aware of and assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, effect of weather, traffic, and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the event organizers, sponsors, promoters and each of their agents, representatives, successors and assigns, and all other persons associated with the event, for all my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my participation in this event.

I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise.

I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of this event.

Age

Entrants for the SUPER 5KM must be aged at least 13 years of age on the day of the event. Entrants for the HEROIC 10KM must be aged at least 16 years of age on the day of the event. There are no age restrictions for the Kids 500M Dash, but all children must be accompanied by an adult.

Change of address

If you change your address or your email address before the event you must notify us to amend your details. Call 01737 814844 or email: mark@sportssystem.co.uk.

Animals

Animals will not be permitted on the HEROES RUN course. We are unable to allow guide dogs on the course but can offer a free place to guide runners. Call 01273 819000 or email: james@pioafrica.rog.uk

Refunds and Cancellations

The moment you enter our race we start to incur administration costs and banking charges, simply in processing your entry and payment. We also incur further charges in administering cancellations and processing refund payments.

No refund can be given if the race has to be cancelled or postponed due to circumstances outside our control, for instance due to a bomb scare. Your entry fee is invested in the cost of staging the event, and the main costs to contractors, suppliers, administration etc are already committed well before race day.

Furthermore most races do not offer any form of refund at all if a runner decides to cancel their place because of injury, illness, lack of training or change of plan. There are many other instances of higher priced services, such as plane, train or theatre tickets where no refunds can be given for cancellation in these circumstances. However, in fairness to runners who cannot compete for whatever reason, we can now offer a credit of £6 [50% of the lowest entry fee] towards the cost of a guaranteed entry in the following year's HEROES RUN. This will only apply to applicants who cancel their entry before the date we start to process our race pack mail out - 1 months before race day.

Deferred Entries

We do not offer full refunds but do offer a partial credit towards the 2013 HEROES RUN up to 1 month before and deferred entries at standard price for those that need to cancel after. Runners who notify the HEROES RUN office and return their race number before race day will be offered a guaranteed entry for next year's race - at the new price.

Confirmation of credits or guaranteed 'deferred' places will normally be issued within 14 days of receipt of request, although there may be instances of delay in busy times close to race day. Runners wishing to defer their entry will be separately notified of the entries procedure in advance of entries release for the following year's HEROES RUN. Notification will be sent by email or post to the last address registered on our records. Applicants are required to notify us of any address change.

Transfers

Each entry to the HEROES RUN are personal to the applicant. If for some reason you are unable to compete a transfer of number can be made if the required transfer form has been filled out. Download a copy of the form from our website in the FAQ's section.

Duplicate entries

Duplicate entries made in genuine error will be refunded in full. We reserve the right to cancel all entries and donate all entry fees to one of the race charities where we have reason to believe that duplicate entries have been deliberately made by an applicant with the intention of subsequent re-sale - i.e. 'ticket touting'.

Notification of cancellation

Notification of cancellation must be sent either by: post to HEROES RUN race entry, Sports Systems, Regency House, 61 Walton Street, Walton on the Hill, Tadworth KT20 7RZ. We are sorry but we cannot accept notification of cancellation by phone - it must be in writing.